



**COSUMNES COMMUNITY SERVICES DISTRICT
FIRE DEPARTMENT**

8820 Elk Grove Blvd. Elk Grove, CA 95624

(916) 405-7100

CosumnesCSD.gov/Fire

What is the “Vial of Life” Program?

Emergencies are unplanned events...but you can be prepared.

The “Vial of Life” program was developed for older adults, those who have a history of illness and/or disability, and those who routinely take special or prescription medications. It is a **FREE** life safety program coordinated by the **Cosumnes Fire Department**.

During a medical emergency, paramedics need basic health and personal information (including allergies, a list of current medications, etc.) to assist them in determining the best course of action, particularly when a patient is unconscious. The Vial of Life can provide this critical data to emergency personnel, saving time when a patient cannot communicate directly.

To set up a Vial of Life and ensure good communication with paramedics in case of an emergency, follow these basic steps:

1. **Print or type your medical information on the provided form, which asks questions about your health and medical history.**
2. **Use an appropriate Vial of Life container—either a physical bottle OR a plastic baggie with the Cosumnes Fire logo.**



3. **Place the completed form inside your Vial of Life container.**
4. **Place your Vial of Life container INSIDE (if a bottle) or ON (if a baggie) your freezer door.**



5. **Put a Vial of Life decal in your front window.**

NOTE: Do not place any medications in the Vial of Life container.

For Emergencies: **Dial 9-1-1**
Non-Emergency: (916) 405-7100