

# Swim Lesson Placement Grid

	Guardian & Child	Beginner		Novice	Novice		Intermediate	Advanced		Teen		Adult (1+2 Combined)		Adaptive
Class	Cuddlefish	Starfish	Seahorse	Stingray	Pike	Minnow	Otter	Dolphin	Shark	Barracuda	Swordfish	Adult Beginner	Adult Intermediate	RAD Private
ARC Learn-to-Swim Level	Guardian & Child Aquatics	Preschool Aquatics Level 1	Preschool Aquatics Level 2	Preschool Aquatics Level 3	Learn-To-Swim Level 1+2	Learn-To-Swim Level 3	Learn-To-Swim Level 4	Learn-To-Swim Level 5	Learn-To-Swim Level 6	Learn-To-Swim Level 1+2	Learn-To-Swim Level 3+4	Learn-To-Swim Level 1	Learn-To-Swim Level 2	Adaptive Private
Ages	6 mo-3 yrs	3-5 yrs	3-5 yrs	3-5 yrs	6-10 yrs	6-10 yrs	6-10 yrs	6-10 yrs	7-10 yrs	11-15 yrs	11-15 yrs	16+	16+	3+
Needs Guardian's Assistance	x													
Blows Bubbles		x	x	x	x	x	x	x	x	x	x	x	x	
Assisted Floats		x	x	x	x	x	x	x	x	x	x	x	x	
Submerge Face			x	x	x	x	x	x	x	x	x	x	x	
Front & Back Floats			x	x	x	x	x	x	x	x	x	x	x	
Independent Kicks				x	x	x	x	x	x	x	x	x	x	
Swim Small Distances				x	x	x	x	x	x	x	x	x	x	
Knows Front Crawl				x	x	x	x	x	x	x	x	x	x	
Knows Back Crawl			x	x	x	x	x	x	x	x	x	x	x	
Swim 10 yds on Front					x		x	x	x		x			x
Swim 10 yds on Back						x	x	x	x		x			x
Knows Elementary Backstroke							x	x	x		x			x
Swim 15 yds							x	x	x		x			x
Knows Breaststroke								x	x					
Swim 25 yds								x	x					
Knows Sidestroke									x					
Swim 50 yds									x					
Knows Butterfly									x					
Needs Stroke Refinement									x					
Treads Water									x					