

Swim Lesson Placement Grid

	Guardian & Child	Beginner		Novice	Novice		Intermediate	Advanced		Teen		Adult (1+2 Combined)		Adaptive
Class	Cuddlefish	Starfish	Seahorse	Stingray	Pike	Minnow	Otter	Dolphin	Shark	Barracuda	Swordfish	Adult Beginner	Adult Intermediate	RAD Private
ARC Learn-to-Swim Level	Guardian & Child Aquatics	Preschool Aquatics Level 1	Preschool Aquatics Level 2	Preschool Aquatics Level 3	Learn-To-Swim Level 1+2	Learn-To-Swim Level 3	Learn-To-Swim Level 4	Learn-To-Swim Level 5	Learn-To-Swim Level 6	Learn-To-Swim Level 1+2	Learn-To-Swim Level 3+4	Learn-To-Swim Level 1	Learn-To-Swim Level 2	Adaptive Private
Ages	6 mo-3 yrs	3-5 yrs	3-5 yrs	3-5 yrs	6-10 yrs	6-10 yrs	6-10 yrs	6-10 yrs	7-10 yrs	11-15 yrs	11-15 yrs	16+	16+	3+
Needs Guardian's Assistance	✗													
Blows Bubbles		✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Assisted Floats		✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Submerge Face			✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Front & Back Floats			✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Independent Kicks				✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Swim Small Distances				✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Knows Front Crawl				✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Knows Back Crawl				✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Swim 10 yrds on Front						✗	✗	✗	✗		✗		✗	
Swim 10 yrds on Back						✗	✗	✗	✗		✗		✗	
Knows Elementary Backstroke							✗	✗	✗		✗		✗	
Swim 15 yrds							✗	✗	✗		✗		✗	
Knows Breaststroke								✗	✗					
Swim 25 yrds								✗	✗					
Knows Sidestroke									✗					
Swim 50 yrds									✗					
Knows Butterfly									✗					
Needs Stroke Refinement									✗					
Treads Water									✗					